

**St Mary & St Petroc Bodmin + St Petroc Padstow +
St Paul Tintagel + St Michael Wadebridge**

Roman Catholic Diocese of Plymouth
Plymouth Diocesan Trust (Registered Charity No. 213227)

First Week in Lent, Year A; Psalter WK1, 2026

22nd February - 1st March 2026

	Bodmin	Padstow	Tintagel	Wadebridge
Saturday 21st		5.30pm Vigil Mass		
Sunday 22nd 1st Sunday in Lent	10:30am Mass		5.30pm Mass <i>Adelaide & Michael Pettett INT</i>	8.30am Mass
Monday 23rd	10:00am Mass			
Tuesday 24th		10:00am Mass <i>John Scarborough RIP</i>	9.30am Holy Hour for Life	
Wednesday 25th	10:00am Mass Adoration after Mass <i>Carlos Pereira RIP</i>			
Thursday 26th		12.00pm Stations of the Cross	10:00am Mass Stations of the Cross	
Friday 27th	3:00pm Funeral Mass Mary Jepcote 6:00pm Exposition & Adoration of the Blessed Sacrament 6.30: Stations of the Cross	12 Noon Stations of the Cross		9:30AM - Stations of the Cross 10:00am - Mass
Saturday 28th		5.30pm Vigil Mass <i>James Taylor RIP</i>		
Sunday 1st March 1st Sunday of Lent	10.30am Mass		5.30pm Mass <i>Roger Pettett INT</i>	8.30am Mass

God of growth, in the beginning you planted a garden and walked with us, your beloved creation. Teach us to tread lightly as we care for all you made.

God the Sower you plant seeds of your Kingdom in the soil of our hearts. Water them with your Word and weed out fear and selfishness. Cultivate in us your compassion so we may truly love our neighbours.

God of Gethsemane you chose the tree of suffering which would bring us new life. May its roots grow deep within us, inspiring us to seek justice so all people may flourish in the garden of your grace. Amen.

First Sundry in Lent

Entrance Antiphon: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

First reading from the Book of Genesis (2:7-9; 3:1-7)

The LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. And the LORD God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the LORD God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, 'Did God actually say, "You shall not eat of any tree in the garden"?' And the woman said to the serpent, 'We may eat of the fruit of the trees in the garden, but God said, "You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die."' But the serpent said to the woman, 'You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. The word of the Lord.

All reply: Thanks be to God.

Responsorial: Have mercy on us, O Lord, for we have sinned.

Second reading from the first letter of St Paul to the Romans (5:12-19)

Brothers and Sisters: Just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned — for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man, Jesus Christ, abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brought justification. For if, because of one man's trespass, death reigned through that one man; much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The word of the Lord.

All reply: Thanks be to God.

Gospel Acclamation: Alleluia, alleluia Glory and praise to you, O Christ. One does not live by bread alone, but by every word that comes forth from the mouth of God. Glory and praise to you, O Christ. Alleluia.

A reading from the Holy Gospel According to Matthew (4:1-11)

At that time: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry.

And the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."' '

Then the devil took him to the holy city and set him on the pinnacle of the Temple and said to him, 'If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, lest you strike your foot against a stone."' Jesus said to him, 'Again it is written, "You shall not put the Lord your God to the test."' '

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, 'All these I will give you, if you will fall down and worship me.' Then Jesus said to him, 'Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve."' ' Then the devil left him, and behold, angels came and were ministering to him.

The Gospel of the Lord.

All reply: Praise to you, Lord Jesus Christ.

Communion Antiphon: One does not live by bread alone, but by every word that comes forth from the mouth of God.

Confirmation & First Holy Communion 2026

If you have a child in year 3 or above who would like to receive the sacraments of Holy Communion and Reconciliation in 2026 please contact the parish office. Also if you would like to receive the sacrament of Confirmation and are 14 or over please contact the parish office.

CAFOD Soup lunch

There will be a CAFOD Lenten appeal at all Masses on the weekend of 21/22 February followed by a Family Fast day on Friday 27 February. Please join us for a CAFOD soup lunch after 10:30 Mass on Sunday 1 March in the parish centre. Everyone welcome to enjoy delicious homemade soups. All donations will benefit our brothers & sisters living with hunger. There is a list at the back of the church.

Parking at St Mary's: Please do not park in St Mary's Gardens (the Old Abbey) or block the entrance, as this is private parking. There is availability in the school's carpark which you will need a code, just phone the office for it, or the parish centre has parking. Thank you.

April 20th – 24th 2026.

An Introduction to the *Gries Path of Prayer* as well as an opportunity for a short retreat for those familiar with this way of prayer.

For further details: Contact the retreat co-ordinator Paddy Rylands paddyrylands@gmail.com

Jun 26th -28th (Fri - Sun) Weekend Retreat (£160)

Jun 26th -1st July (Fri-Wed) Extended Weekend Retreat (£350)

Venue: Sclerder Abbey Retreat House, (Chemin Neuf) Cornwall.

A retreat house with large garden and pleasant rural walks, close to the sea, once a Carmelite monastery situated near Looe offers simple accommodation.

Cost includes full board & lodging, but help is available for those who would like to go on retreat but have difficulties with the recommended donations.

For further details and bookings contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637

School Toiletries Collection: There is a collection basket for donations in the church porch for St Mary's school. This is separate to the Food Bank baskets.

Bishop Nicholas is coming to St Cuthbert Mayne Church Launceston for a deanery Lenten Station Mass on 26th February at 6.00pm. I am writing to you as you are our neighbouring Cornwall deanery parishes. You are invited and very welcome to come and concelebrate.

The Parables of Jesus. A zoom course for Lent.

Wednesday 25th February. Fr Richard Silk - The Parable of the Sower. 7pm.

Monday 2nd March. Dame Karen Foong - The Parable of the Rich Fool. 7pm.

Thursday 12th March. Fr Mark Skelton - The Parable of the Good Shepherd. 7pm.

Thursday 19th March. Sr Bernadette Reis - The Parable of the Prodigal Son. 7pm.

Thursday 26th March. Mr Simon Giarchi - The Parable of the Sheep and the Goats

Please feel free to join this parish zoom course during our Lenten journey together.

The Meeting ID is 895 7188 9251 Password is 125755

Parish Office: Opening hours Mon-Fri 9am-12noon.
St Mary's Parish Centre; St Mary's Road; Bodmin PL31 1NF.
Tel: 01208 72833. email: bodmin@prcdtr.org.uk

Website: www.stmarysbodmin.org.uk

Parish Account Details: Bodmin RC Parish, Account number: 68166990, Sort Code:60-03-54



Newsletter: Available on our website. Deadline for items 10am Thursday.

Clergy: Fr Placidus Ezech (Parish Priest) Tel: 01208 72833/ mobile 07770834071
email: placidus.ezech@prcdtr.org.uk

Fr Robbie Low Tel: 01208 871517 email: robbie.low@prcdtr.org.uk
Fr Robbie's website is at www.stpaulrepository.com

Deacon Rafael Krasnodebski: Tel 07535574615
email: rafael.krasnodebski@prcdtr.org.uk

Parish Sister: Sr. Deirdre Tel: 01637 880084

Safeguarding: Parish Rep Kate Scanlon 01208 72833
Diocesan Safeguarding Office Tel: 01364 645430

Parish School: St Mary's Catholic Primary, Barn Lane, Bodmin PL31 1LW.
Tel: 01208 73218. Website: www.st-marys-bod.cornwall.sch.uk

Masses on-line: Our 10.30am Mass is livestreamed onto Facebook & YouTube.

Refreshments: Usually served after Saturday 5.30pm Vigil Mass Padstow and
10.30am Sunday Mass at St Mary's Parish Centre, Bodmin.

Donations to support others: Foodbank items can be left at the back of our churches. Plymouth
Diocesan Children's Society boxes are available to recycle items.

TOGETHER IN PRAYER

Please keep in your prayers our sick and housebound Parishioners including *Carole Coates, Mary Jephcote, Stanley Dunlop-Martin, Greg Lee, Marion Vickery, Gino Paul Petrillo, Julia Alcock, Barrie Shipley, Charlotte Osborne, Stephen Bournes, Clare Giarchi, Terry Teague.* May the Lord bless them and all who care for them.

If you would like a Mass intention, please let the office know.

Food Bank Collection: At the back of the church there is a collection basket for donations for the Food Bank

The Pope's February Intention – For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope. (<https://www.popesprayer.va>)

Confessions

On request after all Masses (Except Sunday Masses outside Bodmin)