

**St Mary & St Petroc Bodmin + St Petroc Padstow +
St Paul Tintagel + St Michael Wadebridge**

Roman Catholic Diocese of Plymouth
Plymouth Diocesan Trust (Registered Charity No. 213227)

Third Week in Lent, Year A; Psalter WK3, 2026
8th – 15th March 2026

	Bodmin	Padstow	Tintagel	Wadebridge
Saturday 7th St Perpetua & St. Filicity		5.30pm Vigil Mass <i>James Taylor RIP</i>		
Sunday 8th 3rd Sunday in Lent	10:30am Mass <i>The Akiemen Family INT</i>		5.30pm Mass	8.30am Mass <i>Vera & Stan Hawthorne RIP</i>
Monday 9th St. Francis of Rome	10:00am Mass <i>Barrie Shipley RIP</i>			
Tuesday 10th		10:00am Mass	9.30am Holy Hour for Life	
Wednesday 11th	10:00am School Mass Adoration after Mass <i>Barrie Shipley RIP</i>			
Thursday 12th		12.00pm Stations of the Cross	10:00am Mass Stations of the Cross	
Friday 13th	6:00pm Exposition & Adoration of the Blessed Sacrament 6.30pm: Stations of the Cross			9:30AM - Stations of the Cross 10:00am - Mass
Saturday 14th		5.30pm Vigil Mass		
Sunday 15th 4th Sunday of Lent	10.30am Mass <i>The Akiemen Family INT</i>		5.30pm Mass <i>Mary Pettett & Lucia Theuma RIP</i>	8.30am Mass

PRAYER FOR LENT:

God of growth, in the beginning you planted a garden and walked with us, your beloved creation. Teach us to tread lightly as we care for all you made.

God the Sower you plant seeds of your Kingdom in the soil of our hearts. Water them with your Word and weed out fear and selfishness. Cultivate in us your compassion so we may truly love our neighbours.

God of Gethsemane you chose the tree of suffering which would bring us new life. May its roots grow deep within us, inspiring us to seek justice so all people may flourish in the garden of your grace. Amen.

THIRD SUNDAY IN LENT

Entrance Antiphon: My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

First reading from the Book of Exodus (17:3-7)

In those days: The people thirsted for water, and the people grumbled against Moses and said, 'Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?' So Moses cried to the LORD, 'What shall I do with this people? They are almost ready to stone me.' And the LORD said to Moses, 'Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.' And Moses did so, in the sight of the elders of Israel. And he called the name of the place Massah and Meribah, because of the quarrelling of the people of Israel, and because they tested the LORD by saying, 'Is the LORD among us or not?'

The word of the Lord.

All reply: Thanks be to God.

Responsorial: O that today you would listen to his voice! 'Harden not your hearts.'

Second reading from the letter of St Paul to the Romans (5:1-2, 5-8)

Brothers and Sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person — though perhaps for a good person one would dare even to die — but God shows his love for us in that while we were still sinners, Christ died for us.

The word of the Lord.

All reply: Thanks be to God.

Gospel Acclamation: Glory to you, O Christ, you are the Word of God. Lord, you are indeed the Saviour of the world; give me living water, so that I will not be thirsty. Glory to you, O Christ, you are the Word of God.

A reading from the Holy Gospel According to John 4:5-42

At that time: Jesus came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

A woman from Samaria came to draw water. Jesus said to her, 'Give me a drink.' (For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask for a drink from me, a woman of Samaria?' (For Jews have no dealings with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock.' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.' The woman said to him, 'Sir, give me this water, so that I will not be thirsty or have to come here to draw water.'

Jesus said to her, 'Go, call your husband, and come here.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you now have is not your husband. What you have said is true.' The woman said to him, 'Sir, I perceive that you are a prophet. Our fathers worshipped on this mountain, but you say that in Jerusalem is the place where people ought to worship.' Jesus said to her, 'Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming — he who is called Christ. When he comes, he will tell us all things.' Jesus said to her, 'I who speak to you am he.'

Just then his disciples came back. They marvelled that he was talking with a woman, but no one said, 'What do you seek?' or, 'Why are you talking with her?' So the woman left her water jar and went away into town and said to the people, 'Come, see a man who told me all that I ever did. Can this be the Christ?' They went out of the town and were coming to him.

Meanwhile the disciples were urging him, saying, 'Rabbi, eat.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Has anyone brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to accomplish his work. Do you not say, "There are yet four months, then comes the harvest"? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' Many Samaritans from that town believed in him because of the woman's testimony, 'He told me all that I ever did.' So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Saviour of the world.'

The Gospel of the Lord.

All reply: Praise to you, Lord Jesus Christ.

Communion Antiphon:

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

CAFOD lunch raised £229.50 - Thank you for your joining us in that Soup Lunch.

14th March 10am - Volunteers from within and outside Padstow are needed for church cleaning at St. Petroc Padstow. Please, feel free to join for us to clean the Church.

Padstow Churches Together - Lent Lunches for Water Aid - 12.30 to 2pm followed by Lent Talk.

9 March - Little Petherick Village Hall

16 March - St. Merryn Church Hall

23 March - Padstow Church Rooms (Catholic Community)

A zoom course for Lent - The Parables of Jesus.

Thursday 12th March. Fr Mark Skelton - The Parable of the Good Shepherd. 7pm.

Thursday 19th March. Sr Bernadette Reis - The Parable of the Prodigal Son. 7pm.

Thursday 26th March. Mr Simon Giarchi - The Parable of the Sheep and the Goats

Please feel free to join this **Newquay parish zoom course** during our Lenten journey together.

The Meeting ID is 895 7188 9251 Password is 125755

Confirmation & First Holy Communion 2026

If you have a child in year 3 or above who would like to receive the sacraments of Holy Communion and Reconciliation in 2026 please contact the parish office. Also if you would like to receive the sacrament of Confirmation and are 14 or over please contact the parish office.

April 20th – 24th 2026.

An Introduction to the *Gries Path of Prayer* as well as an opportunity for a short retreat for those familiar with this way of prayer. For further details: Contact the retreat co-ordinator Paddy Ryland

paddyrylands@gmail.com

Jun 26th -28th (Fri - Sun) Weekend Retreat (£160)

Jun 26th -1st July (Fri-Wed) Extended Weekend Retreat (£350)

Venue: Sclerder Abbey Retreat House, (Chemin Neuf) Cornwall.

A retreat house with large garden and pleasant rural walks, close to the sea, once a Carmelite monastery situated near Looe offers simple accommodation. Cost includes full board & lodging, but help is available for those who would like to go on retreat but have difficulties with the recommended donations.

For further details and bookings contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637

School Toiletries Lent Collection: There is a collection basket for our Lenten fast donations in the church porch for St Mary's school. This is separate to the Food Bank baskets.

FREE BOOKS In the Entrance Bodmin Church: Amazed by This Love' and 'God's Loving Presence'. By Father Tadeusz Dajczer. Meditations on the Eucharist.
Edited by the late Father Bryan Storey. RIP - PLEASE HELP YOURSELVES.

Parish Office: Opening hours Mon-Fri 9am-12noon.
St Mary's Parish Centre; St Mary's Road; Bodmin PL31 1NF.
Tel: 01208 72833. email: bodmin@predtr.org.uk

Website: www.stmarysbodmin.org.uk

Parish Account Details: Bodmin RC Parish, Account number: 68166990, Sort Code:60-03-54



Newsletter: Available on our website. Deadline for items 10am Thursday.

Clergy: Fr Placidus Ezech (Parish Priest) Tel: 01208 72833/ mobile 07770834071
email: placidus.ezeh@predtr.org.uk

Fr Robbie Low Tel: 01208 871517 email: robbie.low@predtr.org.uk
Fr Robbie's website is at www.stpaulrepository.com

Deacon Rafael Krasnodebski: Tel 07535574615
email: rafael.krasnodebski@predtr.org.uk

Parish Sister: Sr. Deirdre Tel: 01637 880084

Safeguarding: Parish Rep Kate Scanlon 01208 72833
Diocesan Safeguarding Office Tel: 01364 645430

Parish School: St Mary's Catholic Primary, Barn Lane, Bodmin PL31 1LW.
Tel: 01208 73218. Website: www.st-marys-bod.cornwall.sch.uk

Masses on-line: Our 10.30am Mass is livestreamed onto Facebook & YouTube.

Refreshments: Usually served after Saturday 5.30pm Vigil Mass Padstow and
10.30am Sunday Mass at St Mary's Parish Centre, Bodmin.

Donations to support others: Foodbank items can be left at the back of our churches. Plymouth
Diocesan Children's Society boxes are available to recycle items.

TOGETHER IN PRAYER

Please keep in your prayers our sick and housebound Parishioners including *Carole Coates, Stanley Dunlop-Martin, Greg Lee, Marion Vickery, Gino Paul Petrillo, Julia Alcock, Barrie Shipley, Charlotte Osborne, Stephen Bournes, Clare Giarchi, Terry Teague, Kay Heard.* May the Lord bless them and all who care for them.

If you would like a Mass intention, please let the office know.

Food Bank Collection: At the back of the church there is a collection basket for donations for the Food Bank

The Pope's March Intention – For disarmament and peace.

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence. (<https://www.popesprayer.va>)

Confessions

On request after all Masses (Except Sunday Masses outside Bodmin)

Save the Date Friday 17th April at 7pm: LOVENY MALE VOICE CHOIR CONCERT

St Mary's Catholic Church Bodmin Tickets: £10 (children under 18 free) phone parish office 01208 72833
or on the door on the night.